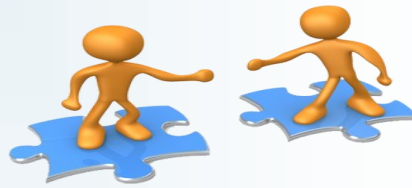


What is Wellbeing About?

We know that at times, young people struggle with different things that happen in their day to day lives that they can often have no control over. This can be anything from bereavement to anger issues. This in turn can affect the mental health/ wellbeing of the individual and they may need support through this particularly difficult time for them.

We can help with that. Your child can speak to any of the pastoral team, the list is on the back of this leaflet, starting with their form tutor. From there, we will be able to assess what the issues are and make sure we get the right support quickly.

Links with others for support



At Rhosnesni we link with a number of different agencies to offer our students the best possible support. For example;

- ◆ School Based Youth Workers
- ◆ School Nurse
- ◆ School Based Counsellor
- ◆ CAMHS
- ◆ TRAC Support Services
- ◆ TAC
- ◆ Social Services
- ◆ In2Change
- ◆ Youth Justice Service
- ◆ Peer Mentors

Whatever the difficulty, we will do everything we can to make sure we find the appropriate support for your child.

Student Wellbeing Coordinator

Mrs Denise Payne is our Wellbeing Coordinator and has been at Rhosnesni since July 2007. She has worked with young people for over 25 years and has experience in both education and counselling. She has also worked for a number of years on a voluntary basis as a counsellor and leading a group of counsellors in training at her local hospital. This work was invaluable in gaining insight to the wide and varied difficulties that day to day life can bring.

Mrs Payne is the link for the agencies we work closely with and will make sure any referrals that are needed for our students are made to the appropriate service, quickly and without delay.

In addition, she also facilitates the Peer Mentor scheme at Rhosnesni, where our older students in Y10 & Y11 help & support younger students in the school.

Denise.payne@rhosnesni-high.wrexham.sch.uk

01978 340840

