



Time Out For Parents Handling Anger in the Family

Sessions for anyone parenting children aged 5 to 16

Monday Evenings 6:30pm -8:30pm

4 x on-line sessions

07/02, 14/02, 28/02 07/03

Free of charge

Contact: Elise Williams 07800 999071 or
Sonia Baines 07976 725747

