



Parent/Carer E-Bulletin

W/C Monday 14th March 2022

Personal, Social and Education (PSE) Lessons

Year 7 - How to recognise and deal with anxiety and stress

Year 8 - Me and My Health

Year 9 - Making healthier choices

Year 10 - My Health MOT

Year 11 - Intimate romantic relationships

Attendance - Medical Appointments

In order for medical appointments to be authorized we will require a copy of the appointment slip/letter detailing the time and date of the appointment.

If an appointment letter is not available a confirmation slip showing the appointment will suffice.

If your child has a verified medical condition, we have been made aware of this and has been verified by the doctor, then doctors' notes are not necessary. However, parents must inform the school of absences in accordance with the school policy. Please note a full day will not be authorised for a medical appointment that is in the morning, or vice versa for the afternoon, unless there is a requirement to travel a significant distance.

To report a LFT/PCR result please use the following methods: **Email:** Attendance@rhosnesni-high.wrexham.sch.uk **or telephone:** **01978 340947**. Evidence of all PCR/LFT test results must be reported/presented to the school.

World Sleep Day, Friday 18th March 2022

This is an annual event, intended to be a celebration of sleep and a call to action on important issues related to sleep, including medicine, education, and social aspects. Some students may be struggling to sleep and therefore here are some resources for parents to access. There is a Teen Sleep Hub that you can direct your child to so they can understand more about their sleep. The Teen Sleep E-Book for parents goes with the website for pupils. <https://thesleepcharity.org.uk/information-support/>

Funding Support for School Uniforms and Sports Kit

The Welsh government has extended funding for school uniform and sports kit. Learners currently eligible for free school meals can apply for the grant of £125 per learner, and £200 for those learners entering Year 7, recognising the increased costs associated with starting secondary school. Applications are open until 30 June. More information on how to apply and eligibility can be found [here](#).

Face Masks

We will expect Rhosnesni students to wear appropriate face masks when inside the building. With the notable exception of those children who are medically exempt, students who arrive without a face mask will be sent home after parents have been contacted. Thank you for your ongoing support in this matter.

Upcoming Coleg Cambria Open Events for Year 11 students

Coleg Cambria open events are the perfect opportunity to discover studying with us (Coleg Cambria).

They are your chance to discover our subject areas, meet course tutors in person and speak to current students.

Employer partners will also be available to discuss progression opportunities and apprenticeships.

As well as learning about the facilities and support services across our sites, it is also the ideal opportunity to apply to study with us.

Upcoming Coleg Cambria open events, dates and times are listed below. Book your place now and we will look forward to meeting you soon. To book please visit the following link:

<https://www.cambria.ac.uk/openevents/>

- March 12 2022: **Llysfasi** (10am to 12pm)
- March 16 2022: **Yale / Yale 6 / Bersham** (5.30pm to 8pm)
- March 19 2022: **Northop** (10am to 12pm)

To support our colleagues and visitors at our upcoming open events, may we ask that you complete a Lateral Flow Test (LFT) before attending our site. If your LFT is positive please **do not** attend our site and follow the government guidance regarding self-isolation.

Extra-Curricular Activities

Our Spring Term timetable is attached for your perusal.

Contact: Telephone: 01978 340840 **Email:** Mailbox@rhosnesni-high.wrexham.sch.uk

*Diolch yn fawr,
Team Rhosnesni.*